

IMPROVING THE COMMUNITY'S CREATIVE ECONOMY THROUGH SUSTAINABLE FOOD YARD (P2L)

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ABSTRACT Food is the basic need of every human being. One of the efforts to improve the economy and welfare of the community is by developing the Sustainable Food Yard (P2L) program, but it needs to understand and empower the community in order to improve family welfare and can help meet the family's food and nutrition needs, minimize household expenses and become an additional source of income for the family. Innovation and motivation are needed to encourage community interest in managing their yard land optimally. This service aims to make the environment clean, green and sustainable and to succeed the Ministry of Agriculture's program to meet food needs. The results of this service are expected to minimize household expenses, as an additional source of income for families and encourage people's interest in managing their yards, sleeping land and unproductive vacant land.

KEYWORDS: *Yard, Food, Nutrition, Empowerment, Welfare*

1. INTRODUCTION

The Food Security Agency (BKP) through the Center for Consumption Diversification and Food Safety from 2010 to 2019 has carried out Sustainable Food House Area (KRPL) activities. In an effort to expand beneficiaries and land use, since 2020 KRPL activities have changed to Sustainable Food Yards or abbreviated as P2L. P2L activities are carried out to increase food availability, accessibility, and utilization in order to realize household food security and support government programs to handle priority locations for stunting reduction interventions through the use of yard land, sleeping land and unproductive vacant land, as food producers in meeting household food and nutrition, and market-oriented to increase household income. The types of

plants that will be planted in the yard and this is of course without plant limits, especially plants that can help the needs of the household of mothers at home.

Groups of mothers who are members of the PKK organization can be empowered to use the yard land in their respective homes so that their daily needs do not have to be bought at the market but are satisfied with the crops in their yard environment while minimizing household expenses. In practice, this sustainable food yard has several obstacles faced by community groups, namely about the cultivation of plants both in the land and in pots, especially about garden media, garden methods, fertilization and for that it is necessary to have counseling and education as well as innovation so that plant growth is maximized.

In addition, routine monitoring and coaching are needed, as well as periodic evaluations between the field practitioners of the Sustainable Food Yard to the program beneficiary groups. , the movement must be further strengthened for variants of vegetables planted, as well as regulating planting in stages so that the harvest can be continuous so that it can develop more widely and in the long term can be included in exhibition stands to increase the income of rum women. Innovation is also needed so that it can become a value-added activity, not only for farmers and buyers, but can be an example for the surrounding community.

2. METHOD

The implementation method in the implementation of the Sustainable Food Yard (P2L) is as follows:

- a) Socialization to the community on how to improve the community's economy, namely by developing the Sustainable Food Yard (P2L) program
- b) Counseling and education on the benefits of Sustainable Food Yards (P2L)
- c) Sustainable Food Yard (P2L) Practice around their respective homes.
- d) Monitoring the progress of the implementation of the Sustainable Food Yard (P2L).

3. RESULT AND DISCUSSION

Unstable food production and limitations in meeting food needs are the driving force for countermeasures to be held. One of the efforts to fulfill food security and independence at the household level can be done through food diversification. The use of yards as a place for vegetable cultivation began to be developed. The development of the yard is a manifestation of the implementation of the Sustainable Food Yard (P2L) program.

The success of the program is in order to meet the nutritional needs of families. The Sustainable Food Yard Program that reaps optimal results can be indicated that in its

implementation, it cannot be separated from the togetherness of mothers who understand and utilize the yard in accordance with the goal of prospering the family as well as creating a healthy family. All of this needs to be socialized first about the benefits of Sustainable Food Yards for families which is a sustainable program.



Figure 1. Socialization to the public about P2L

1. Counseling and education on the benefits of Sustainable Food Yards (P2L)

The Sustainable Food Yard Program (P2L) is implemented in order to support government programs for handling priority areas for stunting intervention and/or priority handling of vulnerable areas with food insecurity or consolidation of food security areas. This activity is to increase household income through the use of yard land, sleeping land and unproductive vacant land, as a food producer in meeting household food and nutrition, and market-oriented to increase household income.

2. Practice Sustainable Food Yards (P2L) around their respective homes.



Figure 2. Practice Sustainable Food Yards (P2L)

The implementation of the program is shown by the participation of activities in an optimal way of planting and utilizing yard land, namely mentoring and training, demonstration plot development, nursery development, and the practice of providing garden media.

3. Monitoring the progress of the implementation of Sustainable Food Yards (P2L).



Figure 3. Monitoring the progress

The monitoring and evaluation activities carried out are garden reviews and monitoring the results of the P2L Program that have been carried out by community groups with students and lecturers.

4. CONCLUSION

The Sustainable Food Yard Program is intended for community groups with the concept of community empowerment that follows the goals of institutional improvement, business improvement, income improvement, environmental improvement, life improvement, and community improvement. The community groups in question are youth organizations, Islamic boarding schools/farmer students, farmer women groups, PKK women or other groups.

The impact obtained by the community is reviewed from the economic aspect and the environmental aspect

1. Economic aspects

Sustainable Food Yards that are managed optimally will have an impact on increasing household income, being able to reduce household expenditure and meet household

consumption needs. Food household needs, namely food and beverages, which concern vegetables as a source of family nutrition, are primary needs that must be met every day. The Sustainable Food Yard is very helpful in fulfilling the needs of these crops through the cultivation of vegetable plants that can be cultivated in their respective yards, so that the need for vegetables does not have to be by buying and even if buying at a cheaper price or even for free.

2. Environmental Aspects

Residences, especially house yards, are a means of implementing the P2L program wherever they are. Utilizing the yard for growing vegetables and fruits using polybags, planted directly in the land or vertically. The environmental impact that occurs after the establishment of the Sustainable Food Yard is that the soil is not polluted, because the cultivation of vegetable plants uses organic materials. The planting media, fertilizers, pesticides, and fungicides used in the Sustainable Food Yard are made from organic matter which is compost derived from household waste itself. The yard that used to be an empty land can be good because it is cared for and becomes a place for vegetable cultivation, so that it is no longer empty and can produce. The creation of beauty, helping to reduce the rate of global warming, creating a clean, green and sustainable and orderly environment can refresh the eyes and mind after a day of intensive activities outside the home.

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