

MANAGEMENT OF INITIAL TREATMENT FOR CHOKING IN MIGRANT WORKERS IN MALAYSIA

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ABSTRAC An emergency is a life-threatening situation that must be treated with immediate action to avoid disability and even death of the victim. choking or choking This is when a foreign object gets stuck in the throat and blocks air flow. An emergency is a life-threatening situation that requires immediate action to avoid disability and even death of the victim. Choking or choking is when a foreign object gets stuck in the throat and blocks the flow of air. Educational outreach on the initial implementation of choking. Health education to Migrant workers really needs an understanding of choking. Enhancement knowledge to migrant workers in managing choking. Migrant Workers should understand the things that best in the early management of choking in both children and adults.

Keywords: *Knowledge, Choking, Education*

1. INTRODUCTION

Emergency management has the principle of being effective and efficient, the action taken must be as immediate as possible without causing trauma to the victim. Management steps must be adjusted to the principles of first aid procedures in cases of choking or choking (Insana, 2020). Choking or choking is an event when a foreign object becomes blocked in the throat and blocks air flow. This can prevent oxygen supply from entering the lungs and brain which can lead to brain

damage, causing the victim to be in an emergency condition and even death within a few minutes (Kurniawati et al., 2020).

Choking conditions like this can happen anytime, anywhere and are life threatening. In general, parents become panicked and anxious if something happens to their child, this is a consequence Lack of knowledge has an impact on attitudes in handling cases of choking in children. Reasons why housewives don't know enough about initial treatment for choking include lack of knowledge, lack of education, and lack of information from various sources about initial treatment for choking (Harugustian, 2020).

First aid that can be given to a choking child is the Sandwich Maneuver and Heimlich. Heimlich is asking the child to cough loudly to get the foreign object out, if the child cannot speak, ask him to cough again (Iskandar J, 2012). However, not all parents are able and have the skills to provide first aid in treating choking. Skills are the application of knowledge so that a person's skill level is related to the level of knowledge and knowledge is fulfilled by the level of education, age, motivation, experience and expertise (Insana, 2020).

One effort so that information can be understood and can have an impact on changing people's skills, especially families, is by using health education as a method of delivering information. Health education is an effective way of approaching families in conveying messages or information to increase family knowledge and skills so that families are not only aware, know and understand but are also willing and able to help with choking (Insana Maria, 2020).

2. METHOD

International Community Service or Community Service (PKMI International III) activity with the theme Empowering Immigrant Workers In Malaysia: A Multidisciplinary Capacity Building Approach and Medical Examination via Zoom meeting on Sunday 6 May 2024. The implementation method has a breakdown of the stages that will be implemented into three stages, namely the preparation stage, implementation stage and evaluation stage. The details of the three stages carried out are explained in the following picture:

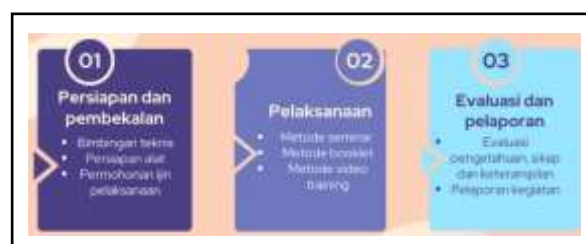


Figure 1. Details of activity stages

3. RESULT AND DISCUSSION

The initial management of choking was carried out online using virtual zoom meeting on May 26 2024 at 10.00 WITA by conducting health education presentations to 60 migrant workers in Malaysia. The first stage of delivering the material delivered using this seminar method was carried out directly by Mrs. Insana Maria. BSN., M.Kep as a lecturer in the Emergency and Critical Care Nursing division of the Intan Martapura Stikes Institution as a resource person for a presentation regarding the initial management of choking 113 og Migrant Workers.

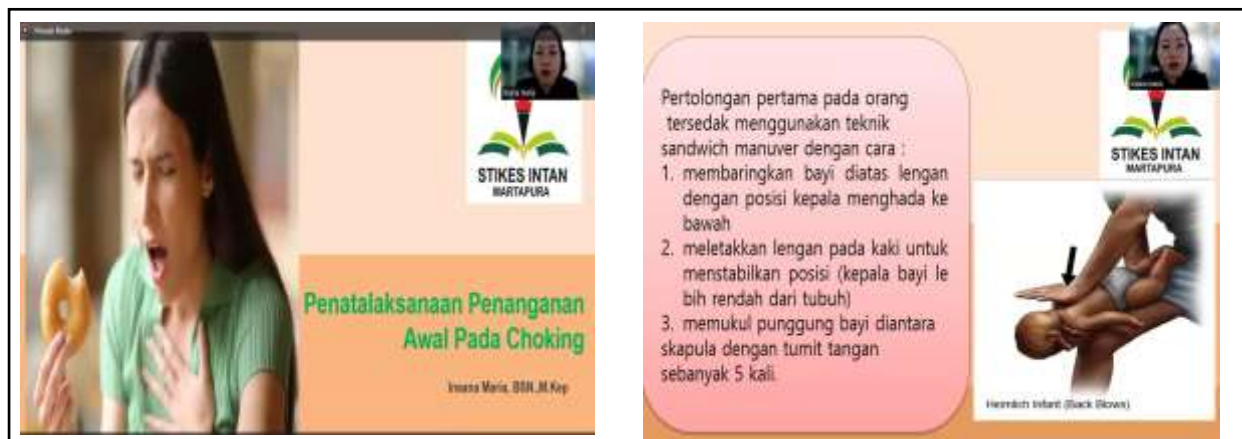


Figure 2. Delivery of Material

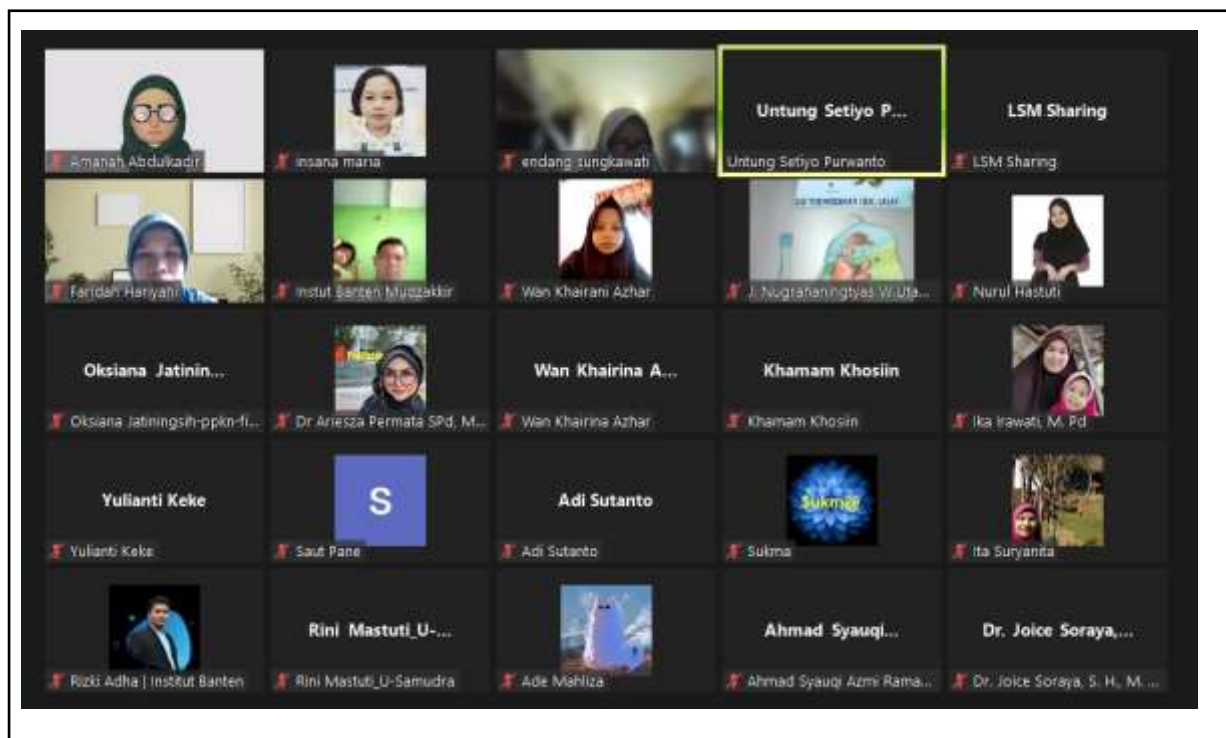


Figure 3. Delivery of material begins with an understanding of choking, causes, clinical manifestations and management.

Delivery of material begins with an understanding of choking, causes, clinical manifestations and management. An emergency is a life-threatening situation that requires immediate action to avoid disability and even death of the victim. Choking or choking is when a foreign object gets stuck in the throat and blocks the flow of air. Education is one of the factors that influences knowledge, the guidance given by a person to the development of others towards certain dreams or aspirations that determine humans to act and fill their lives in order to achieve safety and happiness. Educated people will also have more knowledge than people who are not educated. Someone who is highly educated will have broader knowledge than someone with a lower level of knowledge, especially 113 og Migrant Workers.

There is a relationship between knowledge of initial treatment for choking and education level, this is because many factors influence knowledge, including the respondent's age and the respondent's education. Knowledge or erudition is the result of human sensing or the result of someone's knowledge of an object through their five senses. When sensing to produce knowledge it is influenced by the intensity of attention and perception of the object. A person's knowledge is mostly obtained through the sense of hearing and the sense of sight. Emergency management has the principle of being effective and efficient, the action taken must be as immediate as possible without causing trauma to the victim. Management steps must be adjusted to the principles of first aid procedures in cases of choking or choking.

Migrant Workers should understand the things that best in the early management of choking in both children and adults. Choking conditions like this can happen anytime, anywhere and are life threatening. In general, parents become panicked and anxious if something happens to their child, this is due to a lack of knowledge which has an impact on attitudes in handling cases of choking in children. The reasons why housewives do not know enough about initial treatment for choking include lack of knowledge, lack of education, and lack of information from various sources about initial treatment for choking.

4. CONCLUSION

Initial management of Choking is an emergency action with effective and efficient principles which is carried out systematically based on procedures. Efforts to manage choking require a good level of knowledge so that migrant workers are prepared to take action if there is a case of choking. So it is deemed necessary to be able to carry out on an ongoing basis the procedures for initial management of choking, especially for migrant workers in Malaysia.

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