# BUILDING NOBLE CHARACTER IN THE HOLY MONTH OF RAMADHAN THROUGH THE SOCIALIZATION OF THE BOOK "TEENS WHO HEAVEN MISSES"

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Received: October 2024 Revised: October 2024 Accepted: October 2024 ABSTRACT This activity aims to build noble character in teenagers during the holy month of Ramadan through the dissemination of the book "Teenagers Who Miss Heaven". The month of Ramadan is the right time to improve your quality and get closer to Allah SWT. This book is designed as a practical guide that inspires teenagers to develop good morals and live a life in accordance with Islamic values. Through socialization activities and interactive discussions, teenagers are encouraged to understand the importance of noble character, such as honesty, patience and concern for others. The results of this activity show that this socialization program has succeeded in increasing teenagers' awareness and understanding of the importance of building noble character, as well as motivating them to apply these values in their daily lives. Thus, it is hoped that this effort can make a positive contribution in the formation of a young generation who has noble character and is longed for by Heaven.

**KEYWORDS:** Noble Character, Month of Ramadan, Socialization

### 1. INTRODUCTION

The month of Ramadan is one of the holy months glorified by Allah SWT, so that in this month all Muslims compete to do good deeds to achieve abundant and multiplied rewards. We can see together that almost all ages of Muslims in the month of Ramadan have extraordinary motivation and enthusiasm that is not found in other months, from small children, teenagers to adults as well as the elderly. Spiritual activities this month increase and become an ideal momentum to instill noble character values, especially for teenagers, because in this growth phase, teenagers are looking for their identity and really need guidance and direction that can shape their personality and morality.

Religious activities in the month of Ramadan are more intense, especially for school-aged children and teenagers. Many religious programs are carried out in schools, madrasahs, prayer rooms, mosques and even other religious institutions. In general, the religious activities that are emphasized in the month of Ramadan are: 1) Fasting, 2) Performing congregational prayers both fardhu and sunnah, 3) tadarus together, 4) Tahsin and tahfidz Qur'an, 5) infaq and sodakoh, 6) Breaking fast together, 7) study of religious sciences, 8) Mabit 9) Social service 10) Sharing takjil, 11) Practice of paying zakat fitrah, etc.

This activity is an effort to increase understanding of religion and the practice of worship which is not only ritualistic in nature, but also has a strong educational dimension, through this process teenagers learn to be able to internalize essential moral values in everyday life. The experience of worship and social interaction built during the month of Ramadan will provide concrete experiences for teenagers to understand and absorb these values, for example, fasting will teach them the importance of refraining from eating or drinking before it is time to break the fast., be patient to wait and make yourself more disciplined. Meanwhile, in social activities, they are taught the importance of sharing with others, increasing empathy and concern for people in need.

Researchers took advantage of the momentum of the month of Ramadan by holding book outreach to schools and other religious educational institutions, entitled "Teenagers Who Miss Heaven" is a book that contains noble character values for teenagers. The material presented in each place is different, because it is adapted to the needs and problems experienced by each place. This service aims to explore the effectiveness of instilling character values in teenagers through religious activities in the month of Ramadan. By providing an understanding of the impact and benefits of this activity, it is hoped that this activity will be maximized and will receive attention and support from other interested parties in order to educate and shape the character of teenagers. So that teenagers can later grow into individuals who have strong character, able to face the challenges of the times with intellectual intelligence and good morals.

#### 2. METHOD

In this activity, 4 institutions were visited, namely the Sapta Dharma Senior High School (SMA) and the Darrut Ta'limul Qur'an Al-Jamiil Foundation which are in the Bandung Regency area, then the Naringgul 1 State Junior High School (SMP) and the Bahrul Muttaqin Foundation which is in the aCianjur Regency area. This activity will be held for 4 days starting from March 18-March 21 2024, starting from 08.00-12.00

This service activity is carried out by providing counseling and outreach regarding the importance of character education for teenagers. The material used as a reference in this outreach is

"The Book of Teenagers Who Miss Heaven" written by the researcher himself which was published in 2019. The material is packaged in an interesting way with concrete examples of problems experienced by teenagers, so that active discussions and questions and answers occur with the participants. After the counseling, an FGD was also held with the teachers/counselors at the institution to discuss the problems that occurred in their respective places..

#### 3. RESULT AND DISCUSSION

This activity went smoothly and received an enthusiastic response from participants in understanding the material "Know Yourself Early" sex education for students at school. Participants were active in understanding and discussing the material provided. As explained, this material is provided to teachers and parents so that they can apply sex education to children or students both in the school environment and at home. It is hoped that after this community service activity, sex education material for children can be applied and can be one solution to prevent violence or sexual harassment against children.

As we know the increasing sexual violence against children must be a serious concern for us both from educators, counselors, legal health and other fields. Child sexual violence is the act of touching, kissing a child's (sexual) organs, sexual violence or rape against children, showing pornographic media/objects, showing genitals to children and others.(Meilani Dhamayanti, 2021). Cases of sexual violence are very concerning and clearly constitute a violation of children's rights, as previously explained the cause is children's ignorance of the dangers of sexual violence that threaten them.

The perpetrator often covers up his behavior sweetly and as if it is part of his affection poured out to children. Therefore, it is very important to provide sex education to children from an early age, one of which is in schools, namely by providing information on the development and function of human reproductive organs and how to maintain and care for them, so that children are able to understand their own development, are able to protect themselves and more importantly, and children know if they are in danger or something unwanted happens.

Sex education for children according to Risa Fitri Ratnasari(Latifah et al., 2023)is an effort to provide information about sexual problems, the information provided is of course about things that can have a positive impact on the general public, one of which is about reproductive organs by instilling self-development in the form of ethics, morals, religion, which can minimize the occurrence of sexual deviations.

Sex education for children aims to provide lessons to strengthen family life, to foster a person's self-understanding and self-respect, to develop healthy human relationship skills to build

sexual and social responsibility, to enhance responsible dating, responsible marriage and responsible parenthood. (Baugh & Davis, 2012). Sex education for children or students conducted by teachers at school, is given with a fun method, namely in the concept of learning and playing. The material "Know Yourself Early' which is sex education material for students, is equipped with index card match media as a form of student evaluation after the provision of material, which is carried out in the concept of playing so that children are not afraid and embarrassed to learn sex education material for children. At the end of the session, singing together about the theme song for sex education for children was carried out.

This material is not only given to teachers to be taught to students but can also be given to parents, so that parents can implement sex education at home. The sex education material for children "know yourself early" contains material about:

- 1. 1. Biological Dimensions which contain the following parts:
  - a. Me and My Body
  - b. Introduction to the Characteristics and Functions of Body Parts and Index Card Match This material provides students with an understanding of the introduction and function of human body parts in general.
- 2. Psychological Dimensions which include the following sections:
  - a. Me and Puberty
  - b. I'm Good at Managing My Emotions
  - c. I Am Skilled at Cleaning and Taking Care of My Body and Index Card Match This dimension explains the material about the growth period of human hormones for both men and women in general, then students are guided on how to manage emotions well and correctly and are guided to be able to understand independently, how to clean body parts properly and correctly.
- 3. Sociological Dimension
  - a. Me and My Family
  - b. Me and My Playmates
  - c. Me and the people around me Take Care of Yourself Take Care Touch (Remember the scene)

In this sociological dimension material, it is explained how children interact with family, playmates and people around them, in the realm of the concept of sex education for children. Children must know which parts of the body can and cannot be touched by other people, which clothes must be covered to prevent unwanted things. This material also makes abbreviations as symbols so that students can easily

remember and understand them, namely; remember the Body, remember the crime scene.

- a) T is Body, Your body is your honor. Students must understand that every body is their honor and must be guarded and protected, must not be touched by others except with parental permission.
- b) K is Family, be open to your family, father and mother if there are things that make you uncomfortable. If there is something that threatens your safety. Tell your parents immediately.
- c) P is Personal. Be a healthy person, a healthy body by taking care of and maintaining the cleanliness of body parts well, protecting the body from things that are harmful to oneself.

As explained, this material is equipped with card games (Index Card Match) and sex education songs for children. This material has been tested for reliability.at one of the elementary schools(Syofiyanti et al., 2021) with resultsvery practical, with an average of 81.11%, and the teacher's assessment of the practicality of the "Know Yourself Early" material book and the index card match media of 88.84% is classified as very practical. The highest rating was also found in several statements in terms of ease of use, language readability and appeal, this proves that teachers agree that this material with card games (index card match) can help students understand sex education material and make it easier for teachers to use this material.

#### 4. CONCLUSION

This International Community Service PKM-IV Thailand is expected to be able to increase knowledge, understanding of sex education material for children with the material "Know Yourself Early" for both teachers and parents as the subject of the material. It is also hoped that students will find this sex education material for children easy to understand, easy to apply in everyday life both at school and at home, with the hope that it can be a solution to prevent sexual harassment and violence against children. The researcher hopes that this material can be applied both in the school environment and at home (outside school).

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