

Psychoeducation Increases Student Learning Motivation Through an Islamic Psychology Approach

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ABSTRACT Education is a process of learning experiences for students. One effort to enhance the spirit of learning is by providing communicative and comfortable learning motivation. Learning motivation, according to Sardiman (2018:75), is the overall driving force within students that initiates learning activities, ensuring the continuity of learning activities, and providing direction to learning activities, so that the desired goals of the learning subject can be achieved. This activity is a psychoeducational program aimed at university students and took place at Dayah Al-Huda Malikussaleh on December 28, 2023. There were 6 participants ranging from 18 to 20 years old. The methods used were lectures and Q&A sessions. Through this activity, it is expected that students will have high learning motivation with an Islamic psychological approach.

Keywords: *Learning Motivation, Islamic Psychology, Community Service*

1. INTRODUCTION

Education is a process of learning experiences for students (Pratama et al., 2019). One effort to enhance the spirit of learning is by providing communicative and comfortable learning motivation (Febrita & Ulfah, 2019). According to Mc Donald in (Kompri, 2016), motivation is the energy change within an individual with feelings and reactions to achieve goals. Motivation is the individual's desire to achieve a set goal.

Learning motivation, according to Sardiman (2018:75), is the overall driving force within students that initiates learning activities, ensuring the continuity of learning activities, and providing direction to learning activities, so that the desired goals of the learning subject can be achieved. Learning motivation is a driving force from within or outside an individual to cultivate enthusiasm in learning (Monika & Adman, 2017). Learning motivation contains the desire to direct behavior in individuals. Learning outcomes can be better and optimal with good learning motivation. Learning motivation can determine the intensity of a student's learning effort (Andriani & Rasto, 2019). Learning motivation can serve as a driver for students in learning activities and as a guide in learning (Emda, 2018). Thus, learning motivation is a series of efforts by an individual to achieve something. In Islam, there are many ways to enhance learning motivation.

Community service is one representation of the three pillars of higher education that must be implemented and exists in all universities in Indonesia. Community service can be done with various parties, providing positive impact on a group. The community service conducted by psychology students from the Faculty of Medicine, Malikussaleh University, is aimed at the students of Dayah Al-Huda Malikussaleh, who are also students of Malikussaleh University. This program aims to assist students in their learning activities and help improve the learning motivation of students residing at Dayah Al-Huda Malikussaleh.

The activity conducted is psychoeducation aimed at increasing learning motivation through the Islamic psychology approach. This activity took place at Dayah Al-Huda Malikussaleh on December 28, 2023. The activity was conducted for the students of Dayah Al-Huda Malikussaleh, who are also university students, with an age range of 19 to 20 years. The number of participating students was 6.)

2. METHOD

This activity was carried out using the lecture method, involving oral material delivery followed by a Q&A session. Psychoeducational activities consist of several implementation methods, starting with topic selection. The choice of topic for this activity is driven by the high number of students with low learning motivation. Therefore, the topic for this activity is to increase

learning motivation through the Islamic psychology approach. The goal is to educate students about learning motivation. After the completion of this activity, it is expected that students can understand the material on how to increase learning motivation through the Islamic psychology approach. The activity took place on December 28, 2023, from 08:00 to 08:50, at the study hall within the Dayah Al-Huda Malikussaleh complex. The material presented focused on how to increase learning motivation through the Islamic psychology approach.

3. RESULT AND DISCUSSION

This activity took place on December 28, 2023. The service team conducted psychoeducational activities in the hall within the Dayah Al-Huda Malikussaleh complex. Participants included second-year students and Malikussaleh University students from various majors. The participating students numbered 10, with an age range of 19 to 20 years. The learning activity conducted was material delivery by the service team, focusing on how to increase learning motivation through the Islamic psychology approach. The goal of this material delivery was to boost students' learning motivation. At the end of the material presentation, the service team ensured the participants understood the discussed material. This was followed by a Q&A session, with two questions raised by participants and directly answered by the presenter team.



Figure 1: Psychoeducation activity

4. CONCLUSION

Psychoeducational activities were conducted for students of Dayah Al-Huda Malikussaleh on December 28, 2023, with 6 participants aged 18-20 years. This activity aimed to assist students in enhancing learning motivation and supporting their learning process, especially for students at Dayah Al-Huda Malikussaleh. Throughout the activity, students were provided with psychoeducation, consisting of a presentation on methods to increase learning motivation through the Islamic psychology approach. This activity can be utilized as an alternative to keep students motivated and engaged in the learning process. Increased learning motivation among students at Dayah Al-Huda Malikussaleh will contribute to the learning process both at the Dayah and the university

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