

The Importance of Alms for Muslims

Nur Anita^{1*}, Rifa Kumala Sari¹, Alfazilah Br Barus¹, Noviani¹

¹Department of Psychology. Faculty of Medicine, Malikussaleh University
Jln. Cot Teungku Nie, Reuleut Tim, Kec.Muara Batu,Kabupaten Aceh Utara, Aceh - Indonesia

Email: noviani.220620025@mhs.unimalo.ac.id

Article history:

Received: January 2024

Revised: January 2024

Accepted: January 2024

ABSTRACT This community service activity aims to provide knowledge about the role of almsgiving to increase the awareness of students at SMK Negeri 1 Dewantara. Almsgiving to increase the awareness of students at SMK Negeri 1 Dewantara, Dewantara District, North Aceh Regency. Dewantara, North Aceh Regency. The target audience in this service activity were 20 12th grade students at SMK Negeri 1 Dewantara. Assistance in The counseling practice was carried out using the material explanation method and accompanied by questions and answers. Method explanation method was used to explain in detail about the role of almsgiving to increase awareness of students at SMK Negeri 1 Dewantara, Dewantara District, North Aceh Regency. North. The question and answer method is to provide opportunities for students to ask questions and discuss the material that has been explained. And discuss about the material that has been explained, namely about the role of alms to increasing the awareness of students at SMK Negeri 1 Dewantara, Dewantara District.

Keywords: *Almsgiving, Awareness, Devotion*

1. INTRODUCTION

Alms can be defined as a gift given by a Muslim to another person spontaneously and voluntarily without being limited by a certain time or amount and it is done as a form of implementation of recognition and proof of the truth of one's faith by hoping for pleasure and reward solely from Allah SWT. Charity, which is defined as zakat, can function apart from being an alternative when religious obligations or recommendations cannot be carried out or there are obstacles, it can also protect and free a person's assets from customs, especially for those who pay zakat, because in essence zakat can cleanse assets and protect them from things that could be detrimental. Meanwhile, the groups entitled to receive zakat (sadaqah) according to the Al-Quran are (1) The poor (2) The poor, (3) Zakat administrators, (4) Mu'allafs who are persuaded by their hearts, to (freeing) slaves, (5) People who are in debt, for Allah's way (6) People who walk, for Allah's way and (7) people who are abroad.

In Arabic, sadaqah means right. A person who gives alms is a person who is true to his faith. Alms can also be interpreted as one of the characteristics of the prophets, namely sidiq, which means honest or truthful. In the context of character, sidiq means being honest in conveying a matter to the people. Meanwhile, in muamalah jurisprudence, alms is giving part of one's assets to another person voluntarily.

According to Law no. 23 of 2011 concerning the management of Zakat, Alms are assets or non-properties issued by a person or business entity outside of zakat for the public benefit. The definition of infaq and alms according to Law no. 23 of 2011 is almost the same. This is because infaq and alms do not have specific criteria in terms of amount, time, and groups who are entitled to receive them. Infaq and alms are done voluntarily and can be distributed to anyone.

From the definitions above, alms is giving property or goods to someone voluntarily without expecting anything in return. Alms can be done materially or non-materially. Materially, alms can be done by providing compensation to orphans, for example with a certain amount of money. Meanwhile, non-materially, it can be in the form of giving a smile to other people we meet. In everyday life, alms are considered to have the same meaning as infaq. However, alms has a broader meaning than infaq. As Muslims, we should carry out the worship recommended by Allah. All good deeds done sincerely will one day be rewarded. Worshiping through alms is highly recommended, because by giving alms you can help people in trouble and get rewards.

2. METHOD

This activity is carried out during one meeting, namely the first meeting on Thursday, December 14 2023, at 10.30 WIB until finished. The activity took place at Dewantara 1 State

Vocational High School (SMK), Dewantara District, North Aceh Regency. The target audience for this service activity is 20 grade 12 students of SMK Negeri 1 Dewantara.

This activity was carried out in two stages, namely using explanation and question and answer methods. The explanation method is carried out by providing material about the role of alms to encourage students to want to give a little of their sustenance to other people who need it more.

An activity evaluation plan is a design that can be used as a benchmark in achieving the goals of community service activities. The evaluation plan for counseling about the role of alms to increase the willingness of grade 12 students at SMK Negeri 1 Dewantara is how much understanding or knowledge is gained so that it will influence the awareness of students at SMK Negeri 1 Dewantara, Dewantara District, North Aceh Regency. to spend a little of his fortune to help others.



Figure 1. Service Activity

The material explained is as follows:

Tabel 1. material explained

| 1. What is Alms? | 2. Why Should We Give Alms? | 3. What is the Relationship between Alms and Psychology? |
|---|---|---|
| Alms or sadaqah is giving something to someone in need, simply hoping for Allah's blessing. In other words, alms is a gift given by a Muslim to another person voluntarily without a specified amount | As creatures of Allah SWT who are not free from sin, Muslims are always given various privileges so that they have the opportunity to repent and erase their sins in a way that is approved by Him. | According to Dunfield (2014), psychological charity has an impact on improving mood. Research also shows that people who engage in giving behavior are more likely to experience better moods |

3. RESULT AND DISCUSSION

Dewantara 1 State Vocational School is one of the vocational high schools in Dewantara District, North Aceh Regency. The students of SMK Negeri 1 Dewantara are all Muslim. As planned, this community service activity was carried out in the form of a lecture. This activity began with counseling regarding the role of alms in increasing the will of class 12 students at SMK Negeri 1 Dewantara, namely how much understanding or knowledge they gain so that it will later influence the awareness of students at SMK Negeri 1 Dewantara, Dewantara District, Aceh Regency. North to spend a little of his fortune to help others.

The students' attention in this activity was quite large. Almost all students were active in listening to the explanations given. From the explanation given, it was revealed that all students understood the role of almsgiving to encourage students at Dewantara 1 State Vocational School to give a little of their sustenance to others who need it more. It is mandated that all students understand and increase their knowledge about the role of almsgiving in improving the community's economy so that they will be moved to give alms to others who need it more.

Tabel 2. Question

| No | Question | Answer |
|-----------|--|---|
| 1 | Who can we give alms to? | So we can give help to people who need our help. |
| 2 | Is alms just money? | No, we can give alms by giving food, clothes and smiles, that's also alms. |
| 3 | If we give alms, will the person we give alms to give something to us? | So when we give charity to others, we must be sincere. So we shouldn't hope that when we help other people, we will get something from the person we are helping. |

4. CONCLUSION

Through this activity, most of the 12th grade students at SMK Negeri 1 Dewantara, Dewantara District, North Aceh Regency have been able to learn about the role of almsgiving to spend a little of their fortune to give to other people who need help. There has been an increase in the knowledge of grade 12 students at SMK Negeri 1 Dewantara, Dewantara District, North Aceh Regency to find out about the role of almsgiving to spend a little of their fortune to help other people who need help.

Recommendation:

The suggestion in this activity is that activities like this need to be carried out in several places, not only among school students but also among the community. The majority of the population is Muslim in order to increase public knowledge and awareness about the role of alms to help other people who need help.

REFERENCES

Departemen Agama RI. 1996/1997. Pedoman Zakat. Seri ke-3 Fikih Zakat Jakarta: Proyek Peningkatan Sarana Keagamaan Islam Zakat dan Wakaf.

Masjfuk Zuhdi .1988. Studi Islam Jilid III Ibadah. Jakarta: Rajawali Pers.

Sayid Sabiq. 1971. Fiqhu al-Sunnah Jilid III. Darul Kitab Al-Aarabi. Libanon